

From: Alaska ENA <alaskaENA@gmail.com>
Subject: Check out this Summer at AK ENA!
Date: August 12, 2015 at 4:02:29 PM AKDT
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Alaska ENA Summer Newsletter 2015

News

Join us [November 20th](#) for our annual Alaska ENA state conference in Anchorage! Register before September 30th and save \$25! See you there!

CEN Review Courses

[October 15 & 16th](#)

Juneau, AK

[November 18 & 19th](#)

Anchorage, AK

Elections

Our elections will be held in mid-September to mid

October this year. We are still looking for members to step up to the plate and fill the following positions:

1. President
2. Treasurer
3. Board Members x 3

Please feel free to contact Jeanne Molitor at jrjeanne@gci.net or at 632-8800 if you are interested. We need some fresh blood in the organization. It takes a village.....

AK ENA Meeting *November 19th, 6pm* at BP Energy Center in Anchorage. Deena Breecher, the 2014 Past-president of ENA, will be there to meet you. The Easy IO plans rep plans on doing a 1/2 hour talk on the Easy IO.

AKENA.MEET.A.MEMBER

Tell us about yourself....DAMIEN WILDE

Where do you currently work? What is your position?

Fairbanks Memorial Hospital, RN in the Emergency Department

Where did you first start nursing? How did you end up here in Alaska?

In the Washington DC area. Alaska is my home, and it just took a while to make it back.

What made you decide to become an ENA member?	Because I was an ER nurse and wanted professional development.
How long have you been in nursing?	12 years, all in the ED.
What is your favorite thing about nursing?	For the ED: the variability. Patient census and acuity fluctuate widely, and the range of complaints means I have to be able to respond and adapt to a very wide range of situations.
What is the best advice you have received about nursing?	About going into nursing? I never got any advice for or against it.
What is the worse nursing advice that you have received?	:)
What do you like to do most outside of work?	Living the Alaskan lifestyle with outdoor activities, being self-sufficient with gardening hunting fishing harvesting, enjoying nature, reading, building stuff.
What is the one thing in nursing that you will	My BSN :)

never do again?	
If you could vacation to anywhere, where would that be?	Iceland!

Drowning deaths in Alaska

There were 300 reported drownings in Alaska from 2007-2012.

84% were male.

Median age was 39.

22% were occupationally related.

Alaska has the highest drowning rate in the nation. We have 7.1 per 100,000.

Breakdown in ethnicity:

Natives 14.6%

Whites 5.2%

Blacks 4.7%

Asian/Pacific Islanders 2.7%

Of the 65 occupational drownings:

42% were Alaska residents

69% involved boating activities

11% involved walking near water

8% involved aircraft crashes

5% involved diving

8% had unknown causes for drowning

Of the 235 non-occupational drownings:

36% involved boating activities (56% of these were not wearing a PFD), 35% were suspected or confirmed to have used alcohol prior to the incident

36% were in a river

22% were in the ocean

16% were in a lake or pond

43% of adult deaths overall were suspected or confirmed to have used alcohol

49% of the boating victims were in motorboats

32% were in canoes, kayaks or inflatable watercraft

11% were riding ATV's or snow machines (18% of the snow machine accidents occurred while attempting to hydroplane across an open body of water

9% were in bathtubs or hot tubs (60% of these involved alcohol)

7% were children aged 0-9 years. 38% of these were unattended.

BOTTOM LINE:

1. Avoid alcohol and wear a PFD while boating
2. Pay close attention to weather forecasts when boating
3. Avoid bathing while using alcohol and other mind-altering drugs
4. Never leave child unattended around water
5. Never hydroplane snowmachines over open water

Taken from June 2014 State of Alaska Epidemiology

Announcements

Raffle Winners for CPEN & CEN book,
Grant for Scientific Assembly

Patty Williams won the \$500 grant for the Scientific Assembly in Orlando in September. *She was the only one who applied.*

Tara Watkins and Penelope Adams won the CEN book raffle!

11 members were in the hat.

Karina Huffaker and John Stedman won the CPEN book raffle!

4 members in the hat.

Alaska ENA is sending the following delegates to the General Assembly in Orlando, FL this September for the 2015 Emergency Nurses Association Annual Conference:

Jeanne Molitor

Julie Overbaugh

Sue Metcalf

Patty Williams

Ken Rogers

Upcoming Classes.Event S

9.22-23.15 *ENPC* MatSu Medical Center Palmer

[Natalie Portner](#) 907-861-6646 **10.5-6.15** *TNCC*

Fairbanks Memorial Hospital Fairbanks Damien Wilde

10.12-13.15

ENPC Alaska Regional Hospital Anchorage

907-264-2954 **10.15-16.15** CEN Review

Bartlett Hospital Juneau Mary Maenpa

10.19-20.15 TNCC

Guardian Flight Anchorage

907-245-6230 ENPC Fairbanks Memorial Hospital

Fairbanks Damien Wilde

10.21-22.15 TNCC

MatSu Medical Center Palmer

907-861-6646 **10.25-26.15** TNCC Haines Health

Center Haines

907-632-8800

11.9-10.15 TNCC Alaska Regional Hospital

Anchorage

907-264-2954

11.18-19.15 CEN Review BP Center Anchorage

11.19.15 AKENA State

Meeting BP Center Anchorage

11.20.15 AK ENA State Conference BP

Energy Center Anchorage

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